Tehreem Zahra

07414554097

[tehreemzahra299@gmail.com](mailto:tehreemzahra299@gmail.com)

LinkedIn: Tehreem Zahra

**Career objective:**

I am a Biomedical Science graduate. I am a friendly, energetic and self-motivated individual who can work independently and as a part of team and can follow instructions. I am a very calm and supportive person who can handle any situation skilfully.

**Education:**

**September 2017- July 2020 BSc (Hons) Biomedical Science, Manchester Metropolitan university**

**Classification: First Class Honours**

1st year subjects included:

* Physiology
* Skills for healthcare science
* Biomedical science
* Molecular biology

2nd year subjects included:

* Blood science
* Infection and immunity
* Techniques and applications in molecular biology
* Cellular science

3rd year subjects include:

* Integrated Pathology
* Immunology, Haematology, Transfusion and Transplantation
* Microbiology and Health
* Final year project:

Determination of growth of *Escherichia coli* and *Proteus mirabilis* on the surface of the urinary catheter bag

**September 2015- July 2017 Whalley range 11-18 high school**

Chemistry B, Biology B, Psychology B, Urdu A\*

**West Walsall e-act academy**

11 GCSES including Maths, English and Science from grade A\*-C

**Skills:**

Interpersonal skills: supportive, helpful, co-operative, reliable, trustworthy and responsible for my actions

Communication skills: speaks clearly and listen attentively, an effective communicator.

Organizational skills: developed through academic studies- coordinate tasks, meet deadlines, set goals, multitask, plans and arrange activities

Computer literate: Proficient with Microsoft word, Excel and PowerPoint and internet

Linguistics: can speak Urdu and Punjabi fluently

Excellent verbal and communication skills

**Achievements:**

Have won many awards and certificates including:

Star of the subject (Maths and Psychology)

Best speaker award

Best performance award

Certificate from Chief Minister of Punjab, Pakistan for securing first position in English debate competition at provincial level

Certificate from Duke of York for completing bronze and silver level on “The Duke of York Inspiring Digital Enterprise Award”

**Work experience:**

**Teacher at Seekers academy (December 2021- October 2022)**

This job entailed me to work with children of various ages. I plan and deliver high quality lessons while at the same time provide a healthy classroom environment for students to enjoy and learn.

**Minhaj ul Quran International (December 2018- May 2021)**

This job entailed me to work with children of various ages. I plan and deliver high quality lessons while at the same time provide a healthy classroom environment for students to enjoy and learn.

**Medical laboratory assistant at Wythenshawe hospital: (February 2021- March 2021)**

I was part of the point of care testing department at the hospital and my role involved working with point of care testing machines such as glucometers and ketone meters. My day to day job involved quality testing these machines and inputting data into the hospital system.

**Store assistant at home bargains ( 2018)**

Duties involved dealing with and serving customers at the tills with high quality customer care and working as part of a team on the floor putting away the stock.

**Nuffield work placement at Manchester university**

Duties involved working alongside research students carrying out a project on “integrins and cancer cell migrations”. The skills gained during this work experience included: protein isolation, separation by gel filtration, microscopic investigation, aseptic techniques and gel electrophoresis.

**Store assistant at Barnardos ( as part of college’s experience week)**

Duties involved serving customers and stock control

**Interests:**

I enjoy helping people and taking part in charities. I participated in a bucket collection for thar, Pakistan. I was the general secretary of Muslim Youth league sisters Walsall for two years and helped them organise numerous events for our local community. In my college, I did maths and science mentoring for year 7 students. Reading books in my free time is something that I enjoy a lot.

**Reference:**

Are available on request