



SOLIMAN HASSAN

CARE GIVER 📍 LUXOR, 85951, EGYPT ☎ +201158626627

◦ DETAILS ◦

Qurna, Al Baeirat
Luxor, 85951
Egypt
+201158626627

solimanhassan647@gmail.com

Date / Place of birth

1-6-1992

Luxor

Nationality

Egyptian

Driving license

29206012706991

◦ LINKS ◦

[Linkedin](#)

◦ SKILLS ◦

Cleaning

Cooking

Personal Care Assistance

Medication Management

Mobility Support

Household Tasks

Meal Preparation

Companionship

Monitoring Vital Signs

Managing Appointments

◦ LANGUAGES ◦

Arabic

English

German



PROFILE

Experienced and passionate caregiver with 4 years of dedicated support. Proven track record in enhancing quality of life through personalized care plans. Skilled in medication administration, meal preparation, and emotional support. Builds strong rapport with clients and families, fostering trust and comfort. Committed to promoting independence and dignity.



EMPLOYMENT HISTORY

Intern at Recave - Home Nursing Services, Cairo

February 2019 — December 2019

I have successfully performed a range of daily tasks, including:

- Prepared nutritious meals based on dietary needs and preferences.
- Completed light housekeeping tasks to maintain a clean and comfortable living environment.
- Engaged in meaningful companionship, fostering social interaction and participation in activities.
- Monitored vital signs, documenting and reporting any notable changes.

Assistant Caregiver at The Behman hospital, Cairo

January 2020 — January 2022

I have successfully performed a range of daily tasks, including:

- Provided personal care assistance with bathing, grooming, dressing, and toileting.
- Managed medications, ensuring adherence to prescribed schedules and documenting intake.
- Offered mobility support, assisting with transfers and using mobility aids.

Caregiver at Care At Home Services, Cairo

February 2022 — May 2023

I have successfully performed a range of daily tasks, including:

- Scheduled and accompanied individuals to medical appointments and outings.
- Ensured a safe environment by identifying and addressing potential hazards.
- Maintained accurate documentation of care provided, observations, and relevant information.



COURSES

Dementia Care Training, Alzheimer's Association Egypt

January 2020 — July 2022

Caregiver Training Programme, The International Institute on Ageing, UN-Malta (INIA), collaborated with Ain Shams University

January 2022 — January 2023