Sheikh Bobo Faqi

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**PROFILE**:

Professional support worker with 10 years of experience in Health and Social care. Enthusiastic, self-motivated, reliable, responsible and hard-working person. Mature team worker and adaptable to all challenging situations who can work well both in a team environment as well as using own initiative. Able to work well under pressure and adhere to strict deadlines.

**SKILLS:**

* Manage time effectively, prioritizing tasks and able to work to deadlines.
* Excellent at working in partnership with parents, staff and other professionals.
* Able to plan activities and carry them through effectively.
* Support peoples during activities.
* Demonstrates inclusive practice.
* Adapts successfully to changing situations and environments, reliable, creative and flexible.

**CAREER HISTORY:**

Care and Support LTD: **Health Care Assistant (July 2015- July 2017)**

In my role as a Health Care assistant, I worked with service users with different special needs daily. My daily responsibilities for this include:

* Support patients with their daily routines such as washing, shower and dressing.
* Made and served patients food.
* Making and changing beds on a regular basis as per hygiene rules.
* Using effective communication and talking to patients to support them to feel less anxious and improve their day.
* Take patients out to the park for walks or youth clubs where they can meet and do activities with others.
* Making sure patients homes are clean and tidy in line with any cleaning or health and safety regulations.
* Helping patients to move around if they find it difficult and take them anywhere they need to go.
* Keeping up to date logs of each patients observations as well as daily activities plan.

**Reference available upon request.**