

# TRACY KANKAM BOATENG

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## Professional Summary

Compassionate and conscientious Care Certified Assistant with good knowledge of elderly and general care, keen to support clients' daily living within a care home setting.

Diploma in Nutrition Nursing and Care Certificate qualified professional who is passionate about aiding the elderly and people who need care assistance to carry out everyday activities independently. I am supportive, understanding and encouraging and have been commended for providing dignified and dependable care by several professionals while caring for my grandmother. I have a good knowledge of the national care standards and have experience completing food preparation, housekeeping, and personal care duties.

## Experience

**Intern** **08/2022 to 09/2022**  
**Children's Hospital Pampaso** **Kumasi, Ghana**

- Assisted child nutrition director with procurement research and acquisition.
- Assessed nutritional needs of participants to provide individual and family nutrition education.
- Performed height and weight measurements to obtain medical data needed to assess nutrition risk.
- Instructed children and families on appropriate therapeutic diets to help manage medical conditions.
- Developed and implemented action plans to improve nutrition deficiencies and excesses.

**Intern** **05/2022 to 06/2022**  
**Effiduasi Government Hospital** **Kumasi, Ghana**

- Sorted, organized and maintained files.
- Provided clerical support, addressing routine and special requirements.
- Took meeting notes and compiled paperwork to support the department.
- Counseled clients on nutrition issues such as obesity, eating disorders, tube feeding management, failure to thrive and feeding dysfunction.
- Collaborated with physicians and healthcare personnel to determine nutritional needs and diet restrictions of clients.
- Educated patients about therapeutic nutrition, ingredients selection, food prep and meal planning.

## Core Qualifications

- Qualification for Health or Social Care (Care Certificate Completed)
- Experienced in a hospital environment
- An understanding of care provision
- Excellent communication skills
- Companionship and emotional support
- Transporting patients
- Feeding assistance expert
- Efficient and reliable team player
- Trustworthy companion
- Adaptable
- IT Skills
- Encourages patients to have Personal development
- COVID Vaccinated

## Education

**The Care Certificate** **2023**  
Care Tuition

**Associate Degree in Nursing: Nutrition** **01/2023**  
College of Health Sefwi Asafo **Asafo**

- President of the Welfare Union