lshfaq Ahmad

 Support Care Worker/Helper

To take a long term career oriented employment to invest all my education Qualification, Professional Experience and to undertake Responsibility to widen the scope of learning practically to the optimum benefits of the Organization and entire Development of my career.

# Experience:

# Five years working experience as Health Support Care Worker/Helper

#  in Eidhi Foundation Islamabad Pakistan. Contact Details:

**07-09-2018**

**To**

**Still Working**

# My Job responsibilities are as follows:

* Toileting.
* Shower or bath.
* Organizing groceries
* Wash and dress patients.
* Reheating meals and preparing snacks
* Serve meals and help to feed patients.
* Helping with laundry and ironing
* Changing bed linen and making beds as needed
* Observing and reporting any changes in residents' condition.
* Prompting with medication.
* Support with daily routines.
* Make patients feel comfortable.
* Monitor patients' conditions by taking temperatures, pulse, respirations and weight.
* Comfort and safety.
* Communication with patients, relatives and carers
* Assisting with clinical duties.
* Ensuring the client is safe and comfortable
* Record daily tasks and any incidents on Access to Care Planning App.
* Work as part of a team, effectively communicating with Office Team as well as other Care Professionals.

## Address.

Islamabad, Pakistan

**Phone No.**

**+92 31459194**4**5**

**+92 3401551213** r

## E-mail Address.

## Ishfaq9445@gmail.com

**Education:**  Bachelor of Arts from Allama Iqbal Open UniversityIslamabad Pakistan.