

**Mrs. FELICIA OKYERE**

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## **PERSONAL STATEMENTS**

I am a dedicated, Innovative Midwife / Community healthcare nurse who love to view life as a revolving conundrum with spectacles of light and an aspiring writer who want to share her expertise and experience in the healthcare, nursing / midwifery profession. Ability to learn new things at a fastest pace and love teaching others when the opportunity arise. Excellent Communicator, Details results oriented. Customer service and consultants skills. Very compassionate and ability to produce good results in a strange conditions and situations. I have the necessary skills required to care for individuals, Communities and the nation as a whole. Helping your organization to achieve its set goals and actualization of its objectives.

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## **INTEREST**

Caring for the needy / vulnerable, Community Diseases Control and Prevention Training. Basic Life Support Training. Advance Life Support Training. Health Information Seminar. Combine Maternal and Child Health Record Book Training. Marie Stopes Comprehensive Abortion Care (CAC) Training. Preventive Mother to Child Transmission (PMTCT) Healthcare Information Management / Report Seminal,

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## **TRANSFERABLE SKILLS**

I am a professional with more than Six years practice in the following area; • Committed to making patients more informed and comfortable during their care. • Strong knowledge in medicine, standard of care in the hospital and care home or private practice setting. • Caring and reliable person with reputation for building a great rapport between medical providers and patients. • Customer service and problem solving skill. • Emergency room care. • Physical Strength and ability to multitask • Discreet and trustworthy. • Ability to work under pressure. • Analytical and creative thinker. • Commitment to excellence. • Good Communication. • Time management. • Inter personal skill. • Attention to details. • Use of the following medical instruments, Infusion Pump. • Suctioning Machine. • Thermoscan. • Sphygmomanometer. • Glucometer. • Pulse Oximeter. • Stethoscope. • Nebulizer E-Cart. Standard Scale. Oxygen Equipment.

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## **SOFTWARE APPLICATIONS**

I can effectively use the following applications; Microsoft-Word, PowerPoint, Microsoft Access and Internet, and Database management programs.

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## RELEVANT WORK EXPERIENCE

### Midwife / Nursing Units (Medical / Surgical / Obstetrics / Pediatrics ICU Reliever)

12/2019- 2023

(Abenkyiman Hospital- 200 Beds Capacity Hospital)

Ahwia Nkwanta-Kumasi / Ashanti Region.

Working Hours: 12hrs Daily / 84hrs Weekly)

#### Duties and responsibilities:

- Overseas patient's health and wellbeing monitor their safety and help them.
- Support people with physical and social activities.
- Monitoring of blood pressure, weight and height. Wound dressing.
- Give the necessary supervision care and advice to women during pregnancy, labor, and the postpartum period.
- Monitor and time contractions during labor and delivery.
- Administer epidurals (pain management) and other medication.
- Assists the doctor in inducing labor by administering Pitocin or Cytotec and others required.
- Monitor the vital signs of the mother and heart rate of the baby.
- Monitor for potentially dangerous complications of medications commonly given during labor and delivery.
- Communicate with the doctor to provide timely and accurate information.
- Identify complications and notify the doctor and prepare for cesarean (C-section) delivery, including emergency C-sections. Provide full antenatal care including screening test in the hospital, community and the home.
- Provide counseling and advice before and after screening and test.
- Conduct deliveries on her own and care for the newborn infant.
- Manage complications in pregnancy and childbirth, by the principles of basic emergency obstetric care.
- Provide support and advice following event such as miscarriage, termination, stillbirth, neonatal abnormality, and neonatal abnormality and neonatal death.
- Provide primary care to women of reproductive age, by basic package of health services.
- Supervise the provision of primary health care within the community by female health workers.
- Counsel and educate women, family and the community in relevant areas of health and provide a program of parenthood preparation and complete preparation for childbirth including advice on hygiene and nutrition.
- Give support and advice on the daily care of the baby including breastfeeding, bathing, and making up feeds.
- Provide all non-surgical method of family planning and counseling for surgical methods.
- Follow established health center policies, procedures and objective, continuous quality improvement initiatives, safety environmental and infection prevention standards.
- Decrease risk of needing a cesarean and reduced rate of labor induction and augmentation.
- Help to decrease the infant mortality rates and preterm birth and take all initiatives which are necessary in case of need and carry out where necessary immediate resuscitation.
- Help to decrease the maternal mortality rate and pregnancy related sufferings.
- Practices comprehensive nursing care in accordance with professional values and morals.
- Promote care principles and maintains confidentiality as appropriate.
- Prioritizes client's need and delegates' aspects of nursing care to other nursing.
- Assesses, plan, implement and evaluate the care of each client in accordance with clients individuality, ability, culture and choices.
- Assesses the quality and appropriateness of client care and resolves identified problems.
- Perform nursing care in response to client's needs supported by nursing knowledge, research and effective practice.

- Documents the nursing care of each client from admission to discharge in accordance with the general principles and legal requirements for documentation.
- Promotes an environment which minimizes client safety by utilizing infection control.
- Practice and implementing the standard of clients' safety programs.
- Collaborates with the multidisciplinary team and acts as client advocate to ensure high quality care. Utilizes and ensures maintenance of equipment and instruments as appropriate.
- Participates in teaching and assessing of junior colleagues.

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### Community Healthcare Nurse

01/2010-11/ 2015

(Kenyasi Government Hospital. 320 beds Capacity Hospital.

Brong Ahafo Region, Sunyani-Ghana.

Working Hours: 10hrs Daily / 70hrs Weekly)

#### Duties and responsibilities:

- Identify the need and concerns of individuals, groups, families and the community as a whole.
  - Formulates health plans, especially in the absence of a community physician. Interprets and implement nursing plans and programs.
  - Assists other health team members in implementing health programs in the community.
  - Act as recourse speaker on health and health related services.
  - Advocate health programs in the community through disseminations of Information Education System (IES) or Information Education and Communication (IEC) materials.
  - Conducts advocacy education concerning premarital, breastfeeding, and immunization counselling. Organizes orientation / training of concerned groups like pregnant mothers.
  - Identifies and interprets training need of health and formulate appropriate training programs for them.
  - Promotes self-reliance of community and emphasizes their involvement in participation and evaluate of health services and initiates and implements community development activities.
  - Coordinates health services with concerned individuals and families through the community health team members, government organizations.
  - Coordinates nursing plans and programs with other programs.
  - Render direct care to various clients with different need, May it be at the home, in school, clinic or work settings.
  - Involves in the family in the care of the sick or dependent individual, ie, sick child.
  - Monitor and detects the presence of health concerns in the community through contact home visit. Utilizes various effective data gathering techniques in keeping an eye on the health status of all recipients of care.
  - Record and report health status and presence of health problems in the community.
  - Follow a systematic process of monitoring the health status of the community through the conduct of survey and home visit.
  - Conducts researches concerning the health of the community and coordinates with the government and non-government organizations in the conduct and implementation of the studies.
  - Record data systematically and ensure its validity through accurate and complete data gathering. Reports prepared report to the concerned organization i.e., Government organization for immediate necessary plans or programs.
  - Consolidates and review report efficiency. Analyzes and interpolate consolidated data for monitoring in the health matters of the whole community.
  - Promotes and motivates change in the community in their health practices and lifestyle behaviors for them to promote and maintain good health, be knowledgeable and has initiative in accessing health service.
  - Inculcates self-reliance to bring about development and improvement in the community.
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### Licenses and Certifications:

- Ghana Registered Nurses Association: GRNA ID 001191. STAFF ID: 667077.
- Nursing and Midwifery Council-Ghana: REG NO. RM15464 PIN: 10F031196112

### English Proficiency Qualification:

- IELTS UKVI Academic (Speaking 7.0, Writing 5.5, Listening 5.5, Reading 6.5, Overall band 6.0).  
Candidate number: 004815.

### Educational Background / Professional Training:

- ❖ **Victory Training Academy. UK. 2023.**  
Certificate in Mandatory Care Training – with Practical. (CPD accredited and delivered to **CSTF** standard).  
**CPD** Certified-UK in the following: Health and Safety. Lone Worker. Counter Fraud Bribery and Corruption. Fire Safety (with Practical). Equality and Diversity. Mental Capacity Act & (DoLS). Infection Control.  
Basic Life Support-Emergency First Aid at Work (EFAW) Automatic External Defibrillation (Including Practical).  
Moving & Handling Level 2,3 ( with Practical). Food Hygiene. Safeguarding of Vulnerable Children (level 3).  
Safeguarding of Vulnerable Adults (level 3). General Data Protection Regulation (GDPR) ( Data Protection & Confidentiality). Complaints handling + Conflict management. Safe Handling of Medication.
- ❖ **University of Cape Coast UCC. 2018-2019.**  
Central Region, Cape Coast-Ghana.  
Diploma in Midwifery, General Paper, Practical Nursing.
- ❖ **ST. Michael’s Midwifery Training of school. 2016-2018**  
Advance Midwifery, Nursing, Medical Nursing, Surgical, Behavioral Science.
- ❖ **Tanoso Community Health Nurses Training school. 2007-2009**  
Brong Ahafo Region, Sunyani.  
General Nursing Practicals, Child Health and Nutrition, Disease Control / Prevention.
- ❖ **Bonwire Senior Secondary School. 2001-2004.**  
Certificate in Agriculture (West Africa Certificate Examination Council)  
Ashanti Region – Kumasi, Ghana

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### REFERENCES

Available upon requests.